

# Stanford School



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Tuesday 7<sup>th</sup> May

## **RSE Parent Consultations**

Dear Parents and Carers,

As part of your child's education at Stanford Junior and Infants, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that starting the week beginning **Monday 24th June**, your child's class will be taking part in lessons which will focus on the Relationships and Sex Education (RSE) aspect of this programme.

Lessons will include pupils learning about: Healthy relationships, including friendships; families; growing and changing, including puberty (KS2 only); personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will also have opportunities to ask questions.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website [www.stanfordschool.org](http://www.stanfordschool.org) for more details about our PSHE and RSE curriculum at Stanford, including an overview of the RSE curriculum for each year group.

All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values. I feel it is important to note that Relationships and Health Education is compulsory in primary school, however parents and carers do have the right to withdraw pupils from Sex Education, but not where it is covered within the Science curriculum.

As a school community, we are committed to working in partnership with parents; if you would like to find out more or discuss any concerns, please contact the school office.

Yours sincerely,

**Mr J Middleton**  
**PSHE Curriculum Lead**